

*Traumatic Brain
Injury and
Domestic Violence*

Trainer's Manual

**Alabama Department of Rehabilitation Services
and
Alabama Head Injury Foundation**

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Additional Participant Handouts

Brief Screening for Possible Brain Injury
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Traumatic Brain Injury Facts

Victim's Literature

“Has your head been injured... You are not alone!”

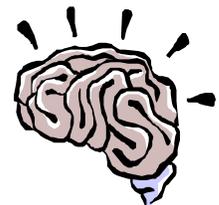
Acknowledgements

PURPOSE: Individuals receiving domestic violence intervention services through the domestic violence network often have sustained a brain injury during the course of the domestic violence incident that the victim and/or the domestic violence staff remain unaware. Additionally, domestic violence service provider staff lack the knowledge of how to modify intervention approaches to address brain injury sequelae. Lack of knowledge about brain injury and its functional sequelae may result in less than successful intervention outcomes for these individuals. This training program will attempt to enhance the awareness of how to effectively serve a domestic violence victim who has sustained a brain injury.

This training manual has been the collaborative effort of a team of individuals and organizations, each of which has contributed significantly to its success.

The following organizations and individuals were partners in this effort: the Alabama Department of Rehabilitation Services (Augusta Cash, Maria Crowley, Carol Pinkard); the Alabama Head Injury Foundation (Sandy Koplton); the Alabama Coalition Against Domestic Violence (Emily Kelly); the Rehabilitation Research & Training Center– Mt. Sinai, New York (Dr. Mary Hibbard); UAB Traumatic Brain Injury Model System (Dr. Thomas Novack); and private consultant, Karen Carden.

This project was supported by Grant CFDA#93234 TBI Post Demonstration, Maternal and Child Health Bureau, the United States Department of Health and Human Services.



Trainer's Instructions

This training program is designed so that a trainer can elect to use an overhead projector or computer projection to conduct his/her training session. The CD in the front pocket contains all the printed materials in this manual including: PowerPoint presentations on each section, speaker's notes, participant's handouts, workshop agenda and workshop evaluation. These documents may be modified to meet your individual training needs. The training program manual is composed of all materials you should need to provide domestic violence staff with a basic knowledge of brain injury. Review the Table of Contents to see how the program is formatted.

Trainer's Checklist Prior to Training Session

- Overhead projector or computer projection and laptop
- Participant handouts for each attendee
- Copies of all supplemental documents for each participant including:
 - Brief Screening for Possible Brain Injury
 - Accommodations for Individuals with Brian Injury
 - Traumatic Brain Injury Facts
- Copies of all victim's literature for each participant including:
 - "Has your head been injured... You are not alone!"
 - "Getting Help...*When Your Head is Injured*" (pocket brochure)
 - "Getting Help...*When Your Head is Injured*" (regular size brochure)
- Program agendas for each participant
- Program evaluation forms for each participant
- Apply for Continuing Education Credit (CEU) and Certified Rehabilitation Counselor (CRC) credit. The following items will be needed: speaker's vita, program agenda with times, and learning objectives.

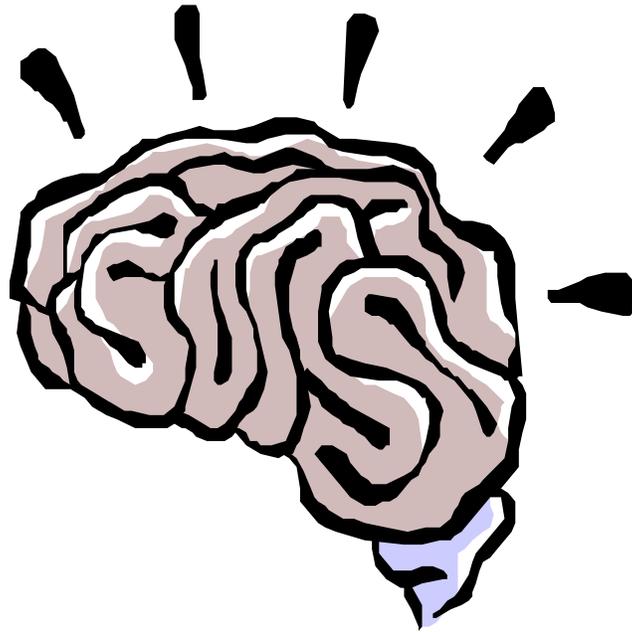
Opening the Training Session

- Introduce yourself and give the participants a brief overview of your position, qualification, and experience with traumatic brain injury.
- Ask each participant to introduce themselves sharing with you their name, location, organization they work with, their current position and their experience with individuals with traumatic brain injury. Ask them what they want to learn or take away from the session.

Training Delivery

- Encourage interaction and questions to enhance the participant's learning.
- Create a relaxed and fun atmosphere so all will feel comfortable and will more readily learn the information.
- Thanks the participants for their attention and taking time from their busy schedule to learn what should prove to be extremely valuable and relevant information as they serve individuals who are victims of domestic violence.





*Traumatic Brain
Injury and
Domestic Violence*

Program
Agenda

Workshop Agenda

Registration

5 minutes

Workshop Overview

15 minutes

**Linking Domestic Violence
and Traumatic Brain Injury**

45 minutes

Traumatic Brain Injury 101

1 hour

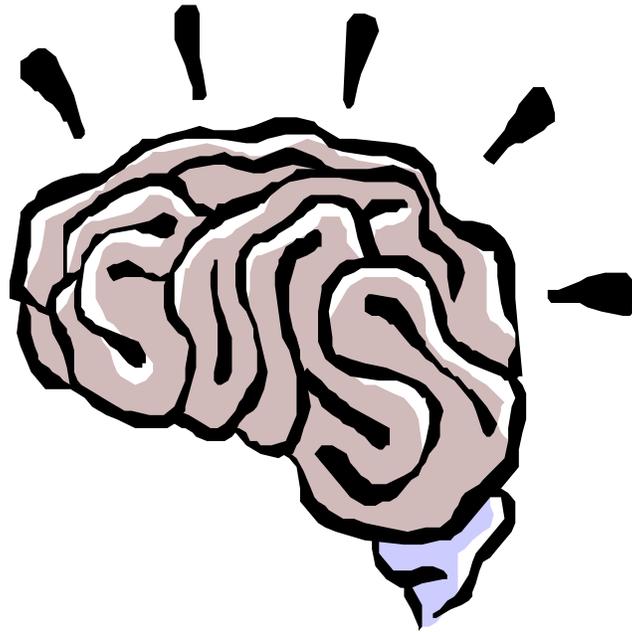
Screening & Accommodations

15 minutes

TBI Statewide Resources

10 minutes

**Wrap-Up
Evaluation
Close**



*Traumatic Brain
Injury and
Domestic Violence*

Participant

Evaluation Form &
TBI/DV Examination

Workshop Evaluation

Linking Domestic Violence and Traumatic Brain Injury

strongly agree

strongly disagree

5	4	3	2	1	The speakers were well organized and prepared.
5	4	3	2	1	Instruction quality was good.
5	4	3	2	1	The activity enhanced my professional effectiveness.

Comments:

Traumatic Brain Injury 101

strongly agree

strongly disagree

5	4	3	2	1	The speakers were well organized and prepared.
5	4	3	2	1	Instruction quality was good.
5	4	3	2	1	The activity enhanced my professional effectiveness.

Comments:

Screening & Accommodations

strongly agree

strongly disagree

5	4	3	2	1	The speakers were well organized and prepared.
5	4	3	2	1	Instruction quality was good.
5	4	3	2	1	The activity enhanced my professional effectiveness.

Comments:

TBI Statewide Resources

strongly agree

strongly disagree

5	4	3	2	1	The speakers were well organized and prepared.
5	4	3	2	1	Instruction quality was good.
5	4	3	2	1	The activity enhanced my professional effectiveness.

Comments:

Section 1:

Module Overview

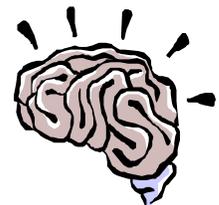
Linking Domestic Violence and Traumatic Brain Injury

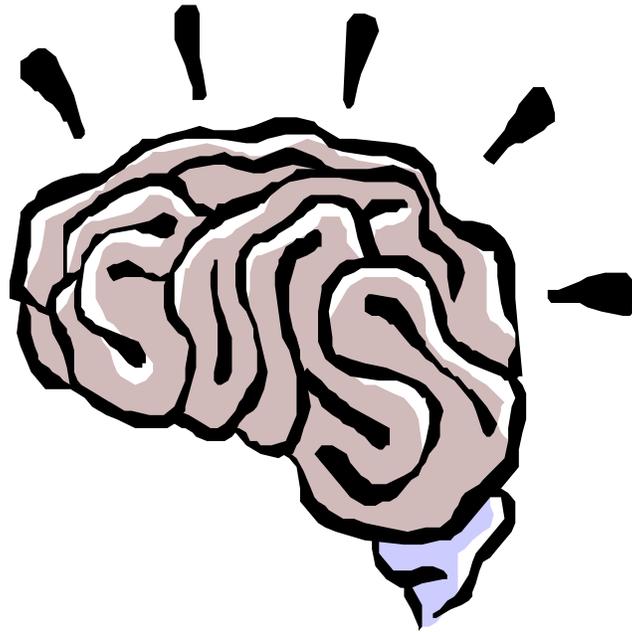
Summary

“Linking Domestic Violence and Traumatic Brain Injury” provides important information on the prevalence of brain injury in victims that domestic violence providers serve through their intervention and crisis programs. With an awareness of the increased likelihood of a brain injury being sustained during a domestic violence event the service provider will be more attuned to indicators that a brain injury might have occurred.

Learning Objectives

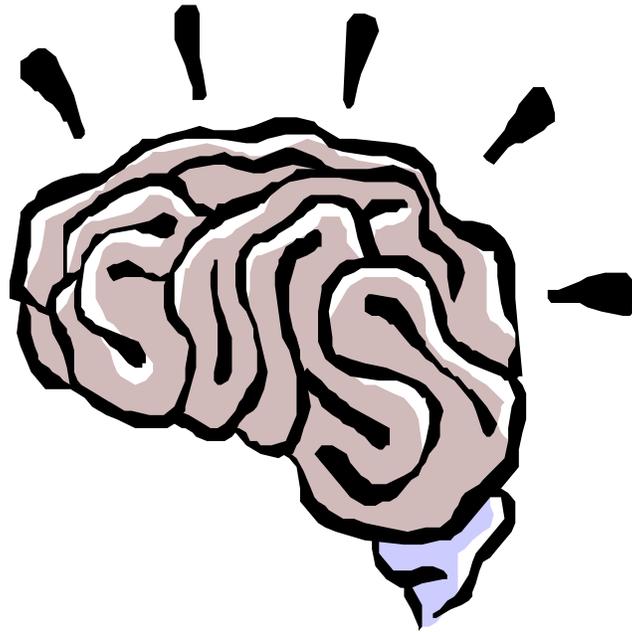
- Participants will become aware of the high incidence of traumatic brain injury in victims of domestic violence by a review of the research on the subject.
- Participants will be able to recognize typical descriptions of women who have experienced a brain injury.
- Participants will have an increased awareness of how repeated brain injury leads to greater dysfunction over time.





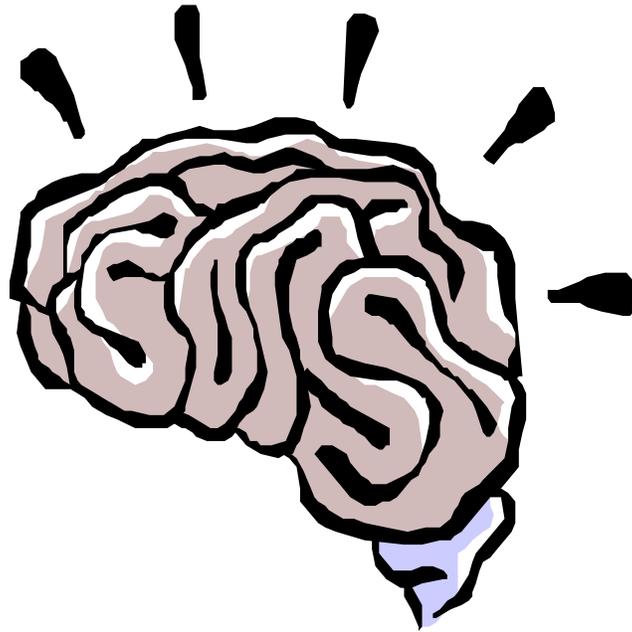
*Linking
Domestic Violence and
Traumatic Brain Injury*

Speaker's
Overhead Transparencies



*Linking
Domestic Violence and
Traumatic Brain Injury*

Speaker's
Notes



*Linking
Domestic Violence and
Traumatic Brain Injury*

Participant's
Handouts

Section 2:

Module Overview

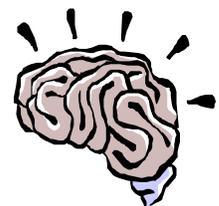
Traumatic Brain Injury 101

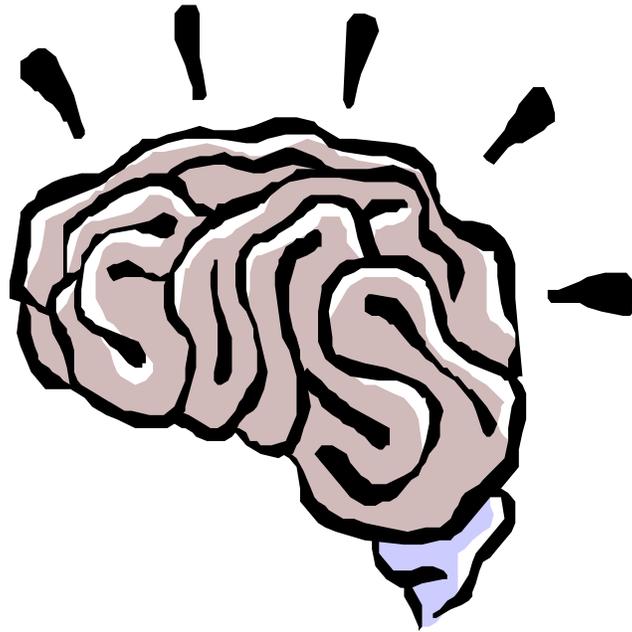
Summary

“Traumatic Brain Injury 101” provides important basic information on the mechanism of brain injury, who typically experiences a brain injury, and the changes that emerge after a brain injury.

Learning Objectives

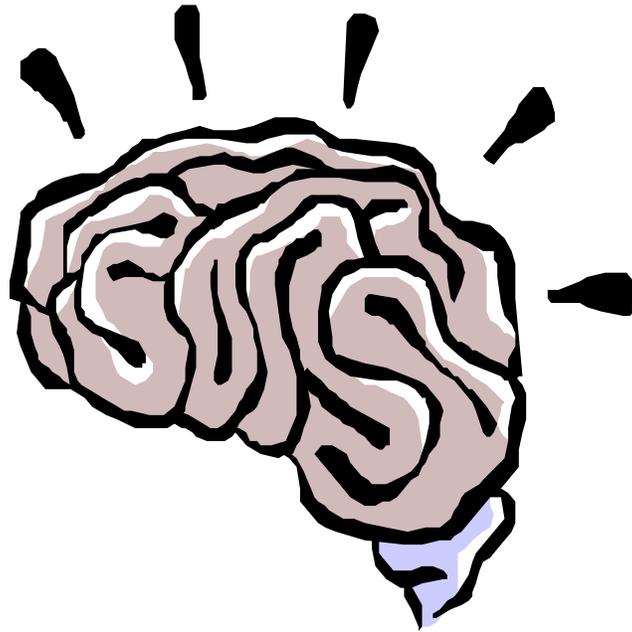
- Participants will become aware of how a traumatic brain injury is defined.
- Participants will be aware of the causes of traumatic brain injury in the domestic violence population.
- Participants will understand how brain injury is classified.
- Participants will understand why there is a risk for a second brain injury after the first and the subsequent impact on functioning.
- Participants will understand what happens when the brain is injured.
- Participants will understand the functions of the different lobes of the brain.
- Participants will be aware of the most common physical, emotional, and cognitive problems after a brain injury well as long term challenges.





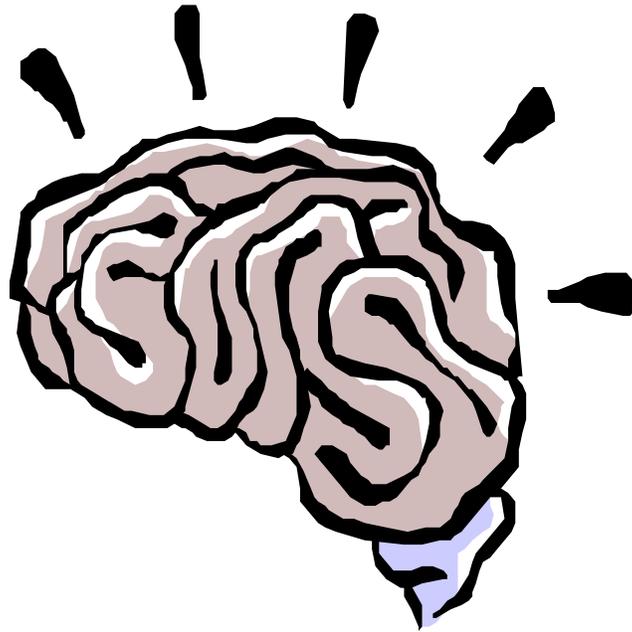
*Traumatic
Brain Injury
101*

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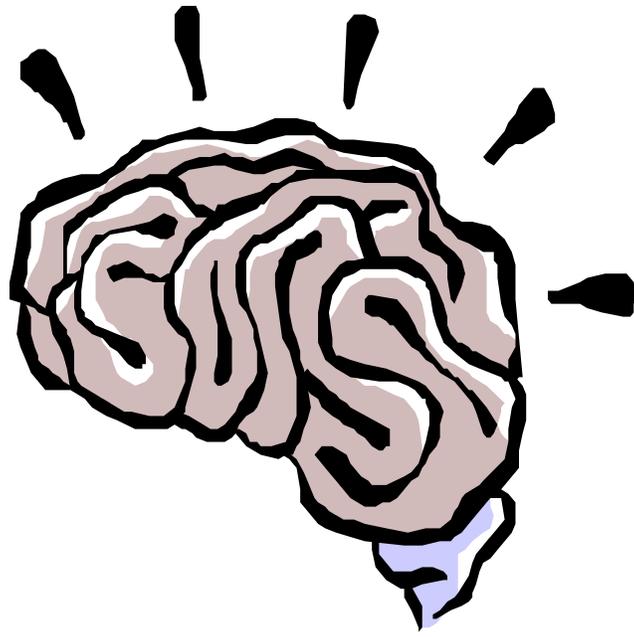
*Traumatic
Brain Injury
101*

Speaker's
Notes



*Traumatic
Brain Injury
101*

Participant's
Handouts



*Traumatic Brain
Injury and
Domestic Violence*

Trainer's Manual #2

**Alabama Department of Rehabilitation Services
and
Alabama Head Injury Foundation**

Section 3:

Module Overview

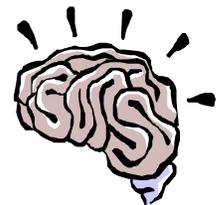
Screening & Accommodations

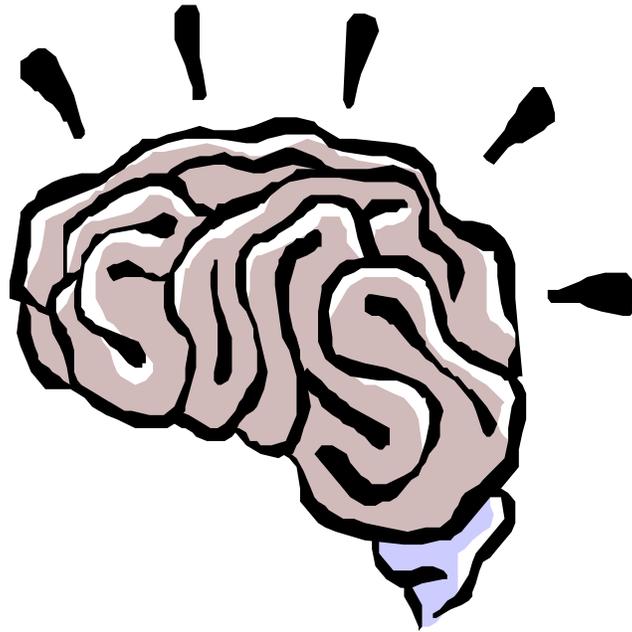
Summary

“*Screening & Accommodations*” provides important information on the role of the domestic violence staff in screening for possible traumatic brain injury and accommodating the challenges brought on by the traumatic brain injury.

Learning Objectives

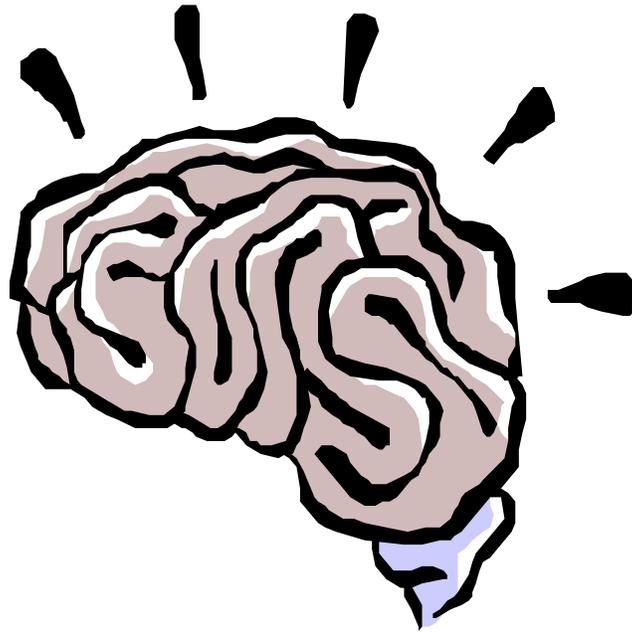
- Participants will become aware of how a traumatic brain injury compounds a domestic violence victim’s life.
- Participants will be able to recognize the signs that a brain injury may have occurred.
- Participants will be introduced to and instructed on the proper use of a simple, user-friendly screening tool for brain injury, the “Brief Screening for Possible Brain Injury.”
- Participant will be introduced to and instructed on typical physical and cognitive impairments post brain injury.
- Participant will be introduced to and instructed on some common accommodations for functional impairments post brain injury, particularly relevant for domestic violence staff.
- Participants will become knowledgeable of physical and cognitive impairments that can negatively impact domestic violence treatment efficacy.





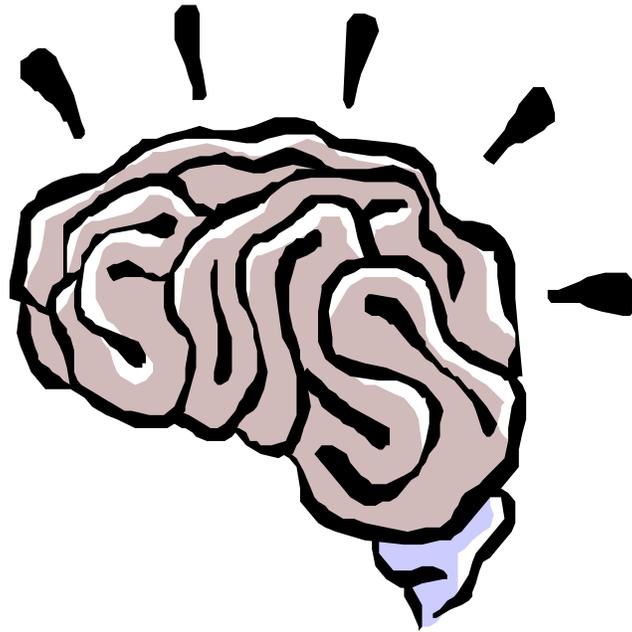
Screening Accommodations

Speaker's
Overhead Transparencies



Screening Accommodations

Speaker's
Notes



Screening Accommodations

Participant's
Handouts

Section 4:

Module Overview

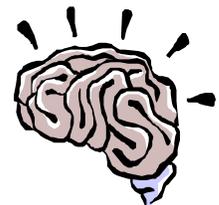
Resources

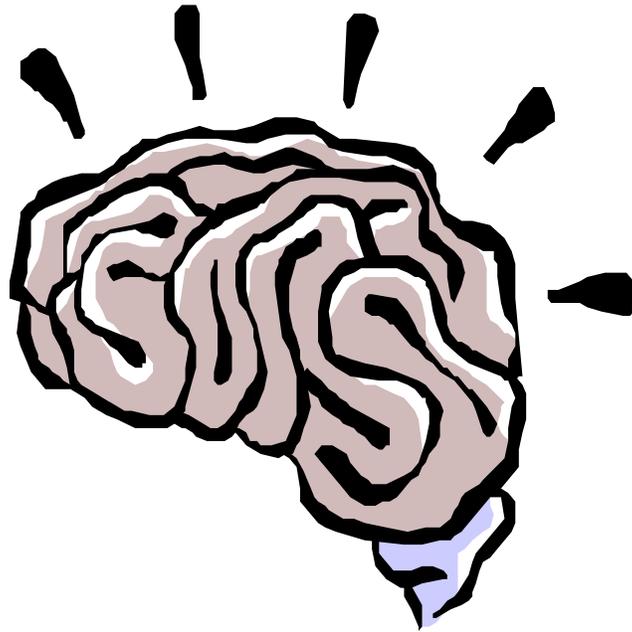
Summary

“Resources” provides important basic information on the Core Statewide Traumatic Brain Injury Service System and how this system addresses the needs of individuals with brain injury, family members of victims and professionals providing assistance to individuals with a TBI.

Learning Objectives

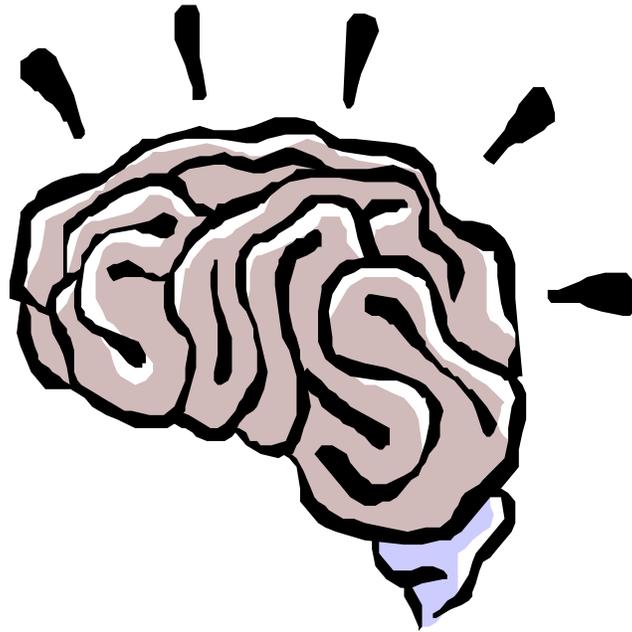
- Participants will become aware of the network of service providers who have expertise in addressing the unique challenges faced by consumers with brain injuries, their families and service providers.
- Participants will be aware of the purpose of and services available from each of the agencies and organizations that make up the Core Statewide Traumatic Brain Injury Service System.
- Participants will know the first point of contact for accessing services for consumers who have a brain injury.





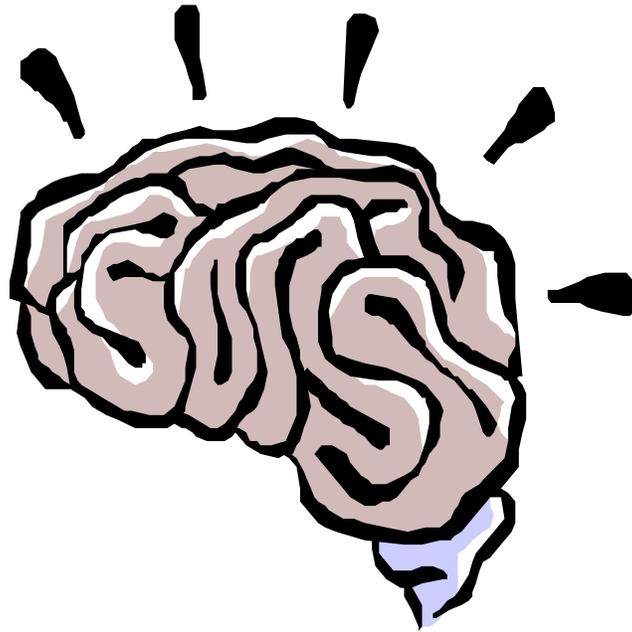
Resources

Speaker's
Overhead Transparencies



Resources

Speaker's
Notes



Resources

Participant's
Handouts