

Has Your Head Been Injured?

Have you...

- ◆ **been hit on the head by someone or some object**
- ◆ **fallen or been pushed and hit your head**
- ◆ **had a concussion**
- ◆ **been violently shaken**
- ◆ **hit your head against a wall or other hard surface**
- ◆ **been strangled**

Lost consciousness? Been dazed/confused?



Do you have...

- **Headaches**
- **Dizziness**
- **Easy loss of temper**
- **Difficulty concentrating**
- **Difficulty remembering**

Sound Familiar?

Ask your shelter staff for help

Alabama Head Injury Foundation
HelpLine 1-800-433-8002

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